

# **National Youth Sports Coaches Association**

## **Norwood Basketball Code of Ethics**

I will place the emotional and physical well being of my players ahead of a personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I will promise to review and practice basic first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.

I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.

I will use those coaching techniques appropriate for all of the skills that I teach.

I will remember that I am a youth sports coach, and that the game is for children and not adults.

Signature \_\_\_\_\_

Date \_\_\_\_\_

## **COACHING DO'S & DON'Ts:**

Man-to-Man Defense is preferred for a minimum of half the game

Teach Basketball, Skills, Teamwork, Sportsmanship, Leadership

Play all players in all games

Never "talk down" to a player

Teaching is more important than winning

If every player improves, coaches & players are winners

Teamwork, playing together & not being selfish will lead to great things

Yelling is not motivational

Substituting for making a mistake is negative

Represent Norwood in a professional manner

Having Fun & Teaching are the most important things

Great opportunities to substitute are end of 1<sup>st</sup> or start of 2<sup>nd</sup> quarter

Construction Feedback, balanced with praise helps teach

Always Respect the players, referees, coaches & opponents

Keep as many players involved in practices as possible

Prepare for practice before hand; develop a practice schedule with times

Winning has nothing to do with the score

NBA players make mistakes in every game, let the kids make them

Each team should have 2 coaches on the bench

Spread the ball around to all players, an assist is equal to a basket

Reinforce good plays, teach not so good ones